

Upcoming Psychodrama Drop In Session



Meet Your Guide
Wednesday, May 8
6:30 p.m. - 8:30 p.m.
The Hidden Temple
221 Pine St., #320, Florence, MA
\$20

All of us need guidance and support in our lives. Luckily, wise and kind helpers are here to help us. In this session, through the magic of psychodrama and with the help of other participants, you'll have the opportunity to encounter your guide and access their wisdom.

What's Psychodrama?

Developed by J.L. Moreno, Psychodrama uses techniques of role playing and improvisation drawn from the theater to create transformative experiences. During these open sessions, we create a safe space to connect, bear witness to one another's life journeys, and create the conditions for healing and growth.



About the Facilitator

Kevin Thomas, M.A. is a local coach, mediator, and group facilitator. With over 800 hours of training in psychodrama, Kevin brings its action-oriented techniques into all aspects of his work.

